

February

<i>Sun</i>	<i>Mon</i>	<i>Tue</i>	<i>Wed</i>	<i>Thu</i>	<i>Fri</i>	<i>Sat</i>
	1	2	3	4	5	6
7	8	9 12 noon Alzheimer's Program	10 11:45am Book Club	11	12	13
14	15	16 1-3pm Bridge Club	17	18	19	20
21	22	23 12 noon "Portion and Calorie Control"	24	25	26	27
28		YMCA	ACTIVE	ADULTS		

2010

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