

YAQUATICS™

We build strong kids, strong families, strong communities.

A private lesson constitutes of a ½ hour one-on-one session with a YMCA certified instructor. They are a great way to spend quality time in the pool to either learn the basics of swimming or to perfect your stroke. Lesson times can vary during the week and are scheduled to meet your needs.

YMCA of Central VA Private Lesson Rate Sheet

# of Lessons	Member 1 Participant	Non-member 1 Participant	Member 2 Participant	Non-member 2 Participant
1 lesson	\$20	\$22	\$29	42
2 lessons	\$38	\$40	\$56	72
3 lessons	\$56	\$60	\$83	100.00
4 lessons	\$74	\$82	\$110	130.00
5 lessons	\$92	\$102	\$137	160.00
6 lessons	\$110	\$122	\$164	190.00
7 lessons	\$128	\$142	\$191	220.00
8 lessons	\$146	\$162	\$218	250.00
9 lessons	\$164	\$182	\$245	280.00
10 lessons	\$182	\$202	\$272	310.00

Receive 10% off when you buy a package of 10 sessions or more.

# of Lessons	Member 1 Participant	Non-member 1 Participant	Member 2 Participant	Non-member 2 Participant
10 lessons	164.00	182.00	\$245.00	\$280.00

Payment is due at time of registration & before starting lessons

Please call these Branch Specific contacts for more information and to set up lessons.

Downtown YMCA

Emily Watkins
434-847-5597

Jamerson Family YMCA

Mary Peterson
434-582-1900



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YMCA of Central Virginia

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YMCA Mission: To put Christian principles into practice through programs that build healthy spirit, mind, & body for all.