



Kids' Gym Schedule March 1 - 31

★ Pee Wee Karate
Interactive Area
Circuit Area
YMCA ChildCare Programs
Fitness Class

	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
9:00am 9:15am 9:30pm 9:45am	YKinder Corner 9:00am - 10:30am	YKinder Corner 9:00am - 10:30am Tumbling Tots	YKinder Corner Gym 9:00am - 10:30am	YKinder Corner 9:00am - 10:30am	YKinder Corner Gym 9:00am - 10:30am	Important Dates Family Fun Nights Feb 19 4pm - 7:00pm LY Swim Meet February 26, 27, and 28 Kids' Gym will be closed SCHOOL'S OUT* when the schools are out due to inclement weather or for a teacher work day, the Kids' Gym will open for member usage 12:30pm -7:30pm *see back for scheduled days			
10:00am 10:15am 10:30am 10:45am		YPreschool 10:00am 11:00am						PostNatal (upto 7mths old) 9:45am -10:30am	
11:00am 11:15am 11:30am 11:45am	YChange Circuit YChange Interactive ★ 11:00am - 12:00pm	Women on Weights Women at Play 11:00am - 12:00pm		Women on Weights Women at Play 11:00am - 12:00pm					
12:00pm 12:15pm 12:30pm 12:45pm		Senior Circuit Senior Interactive 12:00pm - 1:00pm		Senior Circuit Senior Interactive 12:00pm - 1:00pm					
1:00pm 1:15pm 1:30pm 1:45pm		Adult Circuit Adult Interactive 1:00pm - 2:00pm	YChange Interactive ★ 12:30pm - 1:30pm	Adult Circuit Adult Interactive 1:00pm - 2:00pm	Kids' Gym Open Friday at 1pm			Kids' Gym 1:00pm - 5pm	Kids' Gym 1:00pm - 5pm
2:00pm 2:15pm 2:30pm 2:45pm									
3:00pm 3:15pm 3:30pm 3:45pm	Kids'Gym Opens Monday - Thursday at 3:30pm; Friday at 1:00pm								
4:00pm 4:15pm 4:30pm 4:45pm	Strive Orientations (4pm)	Strive Orientations (4pm)	Strive Orientations (4pm)	Strive Orientations (4pm)				Strive Orientations (4pm)	YMCA Afterschool
5:00pm 5:15pm 5:30pm 5:45pm	Kids' Zumba 4:30pm - 5:00pm	Tumbling Rookies 4:30pm - 5:00pm	Girlz Club 4:30pm - 5:00pm	Tumbling Rookies 4:30pm - 5:00pm	Kids' Zumba 4:30pm -5pm			4:00pm - 6:00pm	
6:00pm 6:15pm 6:30pm 6:45pm	Strive Orientations (5pm)	YSTRETCH 5pm -5:20pm	Strive Orientations (5pm)	YSTRETCH 5pm -5:20pm	Strive Orientations (5pm)				
7:00pm 7:15pm 7:30pm	Pee Wee Karate ★ 5:15pm - 5:45pm	Strive Orientations (5pm)	Pee Wee Karate ★ 5:15pm - 5:30pm	Strive Orientations (5pm)	Strive Orientations (5pm)				
	Strive Orientations (6pm)	Circuit Class 5:30pm - 6:00pm	Extreme Boyz 5:45pm - 6:15pm	Strive Orientations (6pm)	Strive Orientations (6pm)				
		Strive Orientations (6pm)	Strive Orientations (6pm)						
	Food and Family 6pm-6:30pm MPC	Tumbling Rookies 6:30pm - 7pm							
				Tumbling Rookies 6:30pm - 7pm					
Kids' Gym Closes Monday - Friday at 7:30pm									



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