



Kids' Gym Schedule

Jamerson Family YMCA

January 11 - 31

Interactive Area	Circuit Area	YMCA Afterschool/Preschool
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	Monday	Tuesday	Wednesday	Thursday	Friday	Saturday	Sunday		
9:00am 9:15am 9:30pm 9:45am	YKinder Corner 9:00am - 10:30am	YKinder Corner	YKinder Corne	YKinder Corner	YKinder Corner	Important Dates Family Fun Nights Feb 19 4pm - 7:00pm LY Swim Meet February 26, 27, and 28 Kids' Gym will be closed All group fitness classes are FREE with your YMCA Membership (except those annotated with a star)			
10:00am 10:15am 10:30am 10:45am		YPreschool 10:00am 11:00am	9:00am - 10:30am	9:00am - 10:30am	9:00am - 10:30am			9:00am - 10:30am	
11:00am 11:15am 11:30am 11:45am	YChange Circuit YChange Interactive ★ 11:00am - 12:00pm	Women on Weights Women at Play 11:00am - 12:00pm	YChange Circuit YChange Interactive ★ 11:00am - 12:00pm	Women on Weigh Women at Play 11:00am - 12:00pm					
12:00pm 12:15pm 12:30pm 12:45pm		Senior Circuit Senior Interactive 12:00pm - 1:00pm		Senior Circuit Senior Interactive 12:00pm - 1:00pm					
1:00pm 1:15pm 1:30pm 1:45pm		Adult Circuit Adult Interactive 1:00pm - 2:00pm		Adult Circuit Adult Interactive 1:00pm - 2:00pm				Orientation	Orientatic
2:00pm 2:15pm 2:30pm 2:45pm								Orientation	Orientatic
3:00pm 3:15pm 3:30pm 3:45pm								Orientation	Orientatic
4:00pm 4:15pm 4:30pm 4:45pm	Orientation	Orientatic	Orientatic	Orientatic	YMCA Afterschool			Orientation	Orientation
5:00pm 5:15pm 5:30pm 5:45pm	Orientation	Orientatic	Orientatic	Orientatic				4:00pm - 6:00pm	
6:00pm 6:15pm 6:30pm 6:45pm	Pee Wee Karate ★ 5:45pm - 6:15pm	Orientation	Pee Wee Karate ★ 5:45pm - 6:15pm	Orientatic	Orientatic				
7:00pm 7:15pm 7:30pm	Orientation	Orientatic	Orientatic	Orientatic	Orientatic				



READ

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