



YMCA of Central Virginia
We build strong kids, strong families, strong communities.

Fall CPR & First Aid Class Schedule:
American Heart Association
BLS Healthcare Provider 2 yr cert.

Jamerson YMCA

- Tuesday August 25th 5:00pm – 9:00pm
- Saturday September 26th 1:00pm – 5:00pm
- Tuesday October 27th 5:00pm to 9:00pm
- Saturday November 14th 1:00pm – 5:00pm
- Thursday December 10th 5:00pm - 9:00pm
- Saturday January 23rd 1:00pm – 5:00pm
- Tuesday March 9th 5:00pm – 9:00pm
- Thursday May 27th 5:00pm – 9:00pm

This class provides American Heart Association CPR, First Aid and AED certifications as well as ASHI Oxygen Administration.



*** Members \$ 75**

*** Program Participants \$ 100**

Sign up at the front desk or Online @ www.lynchburgymca.org

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